

Early Foundations Curriculum

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Verse for The Bible

Your word is a lamp
unto my feet and
a light for my path.

Psalms 119:105

Parent/child weekly study

God gave the Israelites commandments or rules. What rules do we follow?

What mountain did God speak to Moses on?

Who was Moses?

Why were the Israelites afraid? What are you afraid of sometimes?



The Ten Commandments



God wants us to remember the Ten Commandments. They are found in the Bible. Here they are:

- Love the Lord your God
- Do not worship idols
- Do not misuse the name of God
- Remember the Sabbath
- Honor your father and mother
- Do not kill
- Do not cheat
- Do not steal
- Do not lie
- Do not be jealous

Ten

1. Love God
2. Do not Worship Idols
3. Keep God's Name Pure
4. Remember the Sabbath
5. Honor your Mother and Father

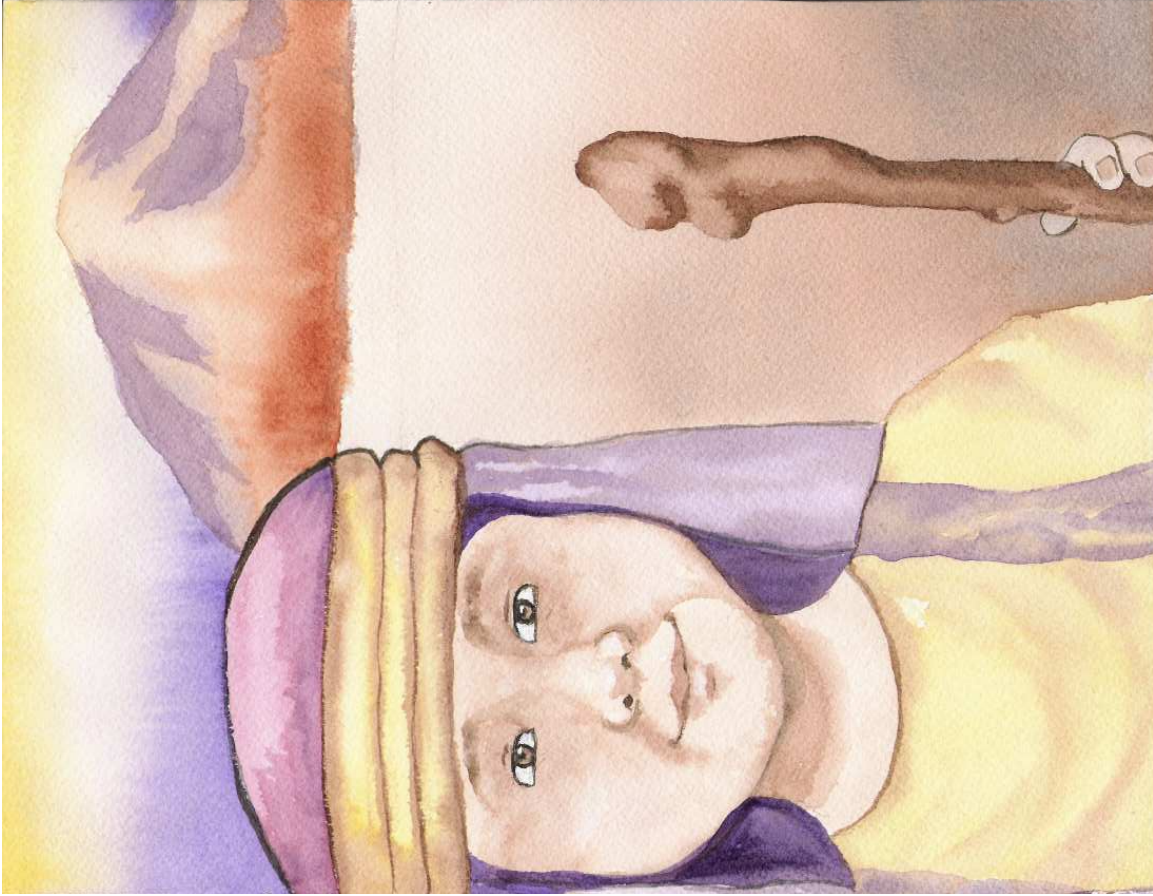
Commandments

6. Do Not Murder
7. Do Not Cheat
8. Do Not Steal
9. Do Not Lie
10. Do Not be Jealous of Others

A long time ago there was a man named Moses.

He was the leader of the Israelites.

Moses had led the Israelites out of slavery and they traveled to a mountain called Mount Sinai.



“Don’t be afraid,” said Moses to the Israelites.

“God is giving you these Ten Commandments to help you.”

The Israelites knew that God loved them.

God loved the Israelites very much, and he loves you too!

God told Moses that he wanted to talk to the Israelites.

In three days Moses would come down and tell them what God said.





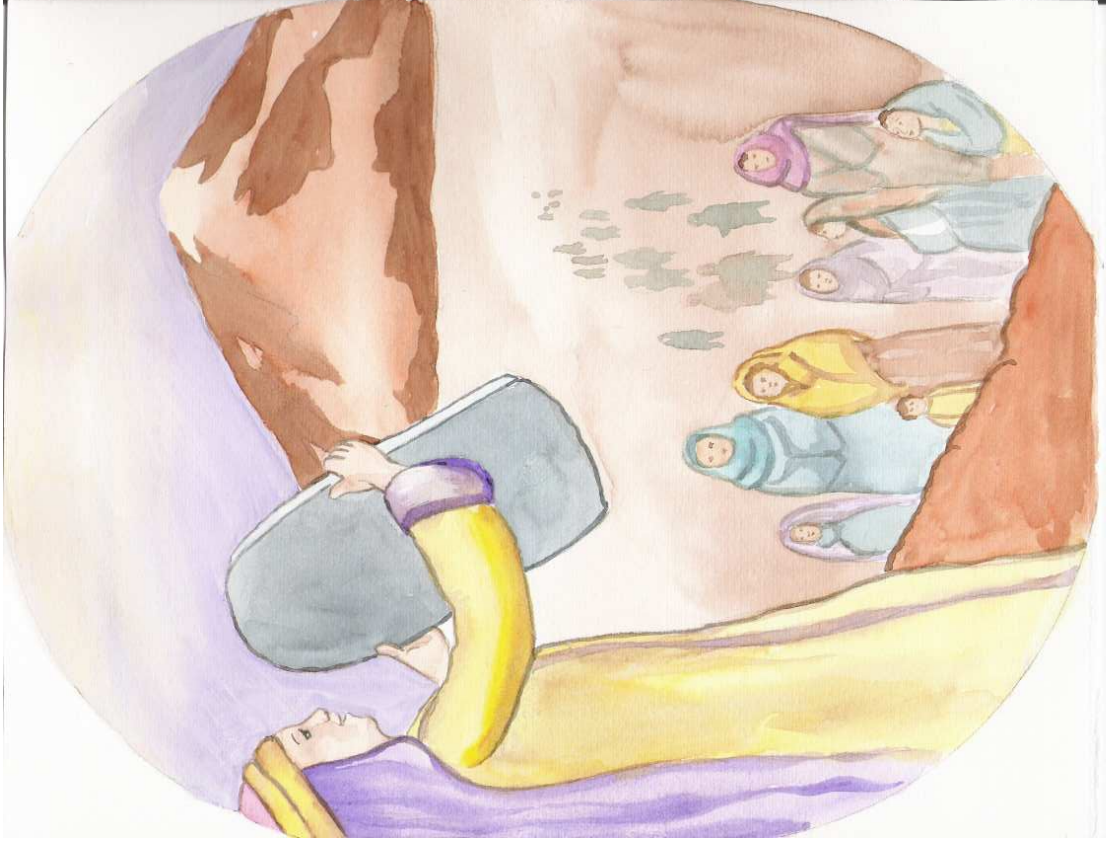
There was a lot of thunder and lightning while God was giving Moses the Ten Commandments, and the Israelites were very afraid.



The Israelites were very excited to hear from God.

On the third day a loud trumpet sounded from the mountain and a huge cloud formed over the peaks.

Moses climbed up the mountain to listen to God.



God gave the Israelites and
Moses the Ten Commandments.

Commandments are like rules to
follow.

God gave these rules to the
Israelites to help them live a
better life.