

# Foundations Curriculum

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## What is Faith?



## Verse for “I Have Faith Month”

Stand firm in the faith. Be  
men of courage, be strong,  
do everything in love.

1 Corinthians 16:13

## Parent/child weekly study

What is faith?

Why is it hard to believe in God sometimes?

How do we know God is real?

Let's ask God to help us remember that he is real and have faith.

Travis was washing the car with his dad.

"Can I ask you a question?" Travis asked while he scrubbed the hubcaps.

"Sure," replied his dad, "you can ask me anything!"



They sat down on the green grass together.

“God understands that it is hard to believe sometimes,” his dad continued, “but God will help you, he will listen when you pray, and he will guide you. He will also protect you because God is always with you; all you have to do is believe.”

“So, faith is believing, even when it is hard,” Travis concluded.

“Yes, faith is believing in God,” his dad smiled.



“Well,” Travis began, “at Sunday school today my teacher was talking about Faith. “

“She said that God wants us to stand firm in faith, but I don’t really understand what faith is. “

“Do you know?”

“But how do I know he is there? How can I be sure?”

Travis’ dad turned off the hose and came over to him.

“Look around you, Travis. Do you see the sky, and the mountains? Do you hear the birds singing? Do you realize that God made you special and made me your daddy?”

“Yes, I see all that,” Travis replied.

“Well, everything you see and feel and know is what God gave you.” But that is hard sometimes because God doesn’t talk to me like you do.”

“You’re right,” replied his dad, “sometimes it is hard to hear God, but he is always there. You just have to believe.”

“You may not be able to touch God, but you can touch everything he made just for you. That is the proof that God exists. Faith is believing that God is real.”





Travis' dad turned on the hose and began to wash off the suds.

“Yes, I know. Faith is when you believe in God even when you cannot see him. It is trusting in God even when he seems far away. It is also understanding that God is real.”



“But that is hard sometimes because God doesn’t talk to me like you do.”

“You’re right,” replied his dad, “sometimes it is hard to hear God, but he is always there. You just have to believe.”